Sample Instructions – Draft

Week 7 assignment 5

ENG 316

Technical Communications

08/21/17

Name: Kennedy Kabaso.

Professor: Dennis McGeehan.

**How to Bake Sweet-Potato Fries**

Good afternoon Girl Scouts. I would like to welcome you to the group and today am going to show you how to bake some sweet Potato Fries in the kitchen. Before I procedure, am going to list the ingredients (what is needed), write an instruction (how to do it) recipe how to bake sweet potato fries and take some questions from those who may need to know more. To this instructional recipe, a clean Kitchen is needed which has a Stove and a microwave.

## Needed Ingredients

1. Vegetable oil for parchment
2. 2 large sweet potatoes.
3. The potatoes need to have skins on, scrubbed and cut into 4-inch sticks, each 1/2 inch thick
4. 3 large white eggs.
5. Some [Mediterranean Spice](http://www.wholeliving.com/130419/mediterranean-spice).

## Instructions

1. Put the racks in the upper and middle positions
2. Turn the oven to 450 degrees.
3. Line two baking sheets with parchment paper and rub with oil.
4. Put some sweet potatoes in a microwave-safe container, cover, and microwave 2 minutes.
5. Stir gently, cover, and microwave 1 to 2 minutes more until pieces are pliable.
6. You can let it rest for 5 minutes covered; pour onto a platter.
7. In a large bowl, whisk egg whites until frothy.
8. Then add spice mix, and whisk to blend.
9. Working in batches, toss the sweet potato pieces in the seasoned egg whites, letting the excess liquid drip back into the bowl.
10. Place in a single layer on prepared baking sheets.
11. Bake for 10 minutes, then flip pieces over with a spatula. Rotate baking sheets from front to back and from one rack to the other.
12. Bake until dark golden brown, about 15 minutes.
13. You can start to serve immediately and let your family enjoy your snack.

I hope everybody have understood how to Bake some Sweet-Potato Fries and would put this into practice without any problem. Thank you very much for been attentive.

**Bibliography**

1. <https://tipjunkie.com/easy-and-delicious-healthy-baked-snack-recipes/>
2. https://www.education.com/activity/recipes/
3. <https://www.education.com/activity/article/Science_Ice_Cream/>
4. Smith-Worthington, D., Jefferson, S. (2011). Technical writing for success (3rd ed.). Mason, OH: Cengage.
5. it,  Qualitative and quantitative methods ,  Qualitative methods include focus groups, group discussions and interviews.  Qualitative approaches are good for further exploring the effects and unintended consequences of a program. Quantitative approaches on the other hand address the ‘what’ of the program. Quantitative approaches have the advantage that they are cheaper to implement, are standardised so comparisons can be easily made and the size of the effect can usually be measured

? And the final question was, please give me an example where the e-reader was uncomfortable or difficult to use.

1. Before I started giving the whole report, I would like to define what an e- reader is and what it is used for. It is a handheld